

ETHNO - MEDICO-BOTANICAL STUDIES ON THE FUNGI OF KUMAUN HIMALAYA (U.P.)

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From time immemorial several fungi were in use as diet and as well as medicare by the hill tribes of Kumaun Himalaya. Some of them have also been mentioned in Ayurvedic Samhita as "Bhusavedajshakam" and indicated as tonic bearing properties. The medicinal value of fungi is not yet properly known. In the present communication the studies on traditionally used fungi for medicine and their food value from Kumaun Himalaya, U.P. have been discussed.